

INTERNATIONAL YOGA DAY PROGRAM TO BE CELEBRATED AT GTU'S ALL COLLEGES BY GTU'S  
EXISTING STUDENTS OF ALL DISCIPLINES

ON 21<sup>st</sup> JUNE, 2015.

**Message**

Under the visionary Leadership of Hon. Prime Minister Shri Narendrabhai Modijee, 21<sup>st</sup> JUNE has been declared as 'International YOGA Day'. Yoga has not been limited and restricted to any community, religion, area, nation, society or any individual economy, but today the entire world has accepted and started practicing Yoga. The Whole credit for this is completely vested to our ancient cultural roots. It has been decided and declared to celebrate at National, State, District, Taluka, Village as well as individual organization and NGOs too. It will be privilege for all the Gujarati's and Indians scattered in the whole world to be the part of this International Initiations. The way, 'Vanche Gujarat' has been very well noticed by the whole world, the 'International YOGA Day' would also be noticed and accepted to celebrate by the whole world.

The detail guidelines to celebrate this significance day is as under.

1. New Academic Term of A.Y. 2015-16 is scheduled to start from 15<sup>th</sup> June,2015.
2. All GTU affiliated colleges and institutions may organize the basic training program of YOGA for all the Students of all the disciplines between 15<sup>th</sup> to 20<sup>th</sup> June, 2015.
3. Everyday, all students academic and non-academic staff may be trained for YOGA and practice from 6:30am to 7:30am or as per their convenient time during these days.
4. The theoretical details about YOGA education may be made available from the below

websites:

<http://www.lyu.ac.in/>

<https://www.yogaglo.com/>

<http://www.yogajournal.com/>

<http://www.yogavibes.com/>

<http://www.yogatoday.com/>

5. The colleges and institutions may record the programs and the YOGA clips into CDs for circulations in the society for creating awareness about the importance of YOGA in the human life.
6. They may also circulate the details about their programs among the media too.
7. The Management, Trustees and all academic and administrative staff are informed to involve all parts and people of the society and try to circulate the message as well the importance of YOGA to all the houses in the surrounding society.
8. On 21<sup>st</sup> June, 2015, all GTU affiliated colleges and institutions have to celebrate the 'International YOGA Day' between 7:00am to 7:30am.

After celebrating the 'International YOGA Day' at their respective college / institute, they are directed to upload the detail reports with necessary actions and procedure as well as photographs on the GTU portal through below link:

Link to Upload the 'International YOGA Day' Report: .....

For any communication or query related to the 'International YOGA Day' celebration, you may please contact to Dr. Ramsinh Rajput, CAO, GTU on: 9909980046.